

*All classes are 12 weeks, unless noted*  
**CLASSES BEGIN week of 06/07/04**  
*First fee listed is the DISCOUNT RATE for Scottsdale Residents; second fee is actual costs to be paid by registrants who do not pay Scottsdale Property Taxes.*  
*See page 4 for facility code/addresses.*  
*Age 15 and over unless noted in class descriptions.*

## ART

### ALL ART MEDIUMS

(3 hr class) Students will receive individual instruction on any art medium they choose to work with - oils/acrylics, pastel painting, color pencil, water color, or drawing. Come enjoy the diversity of the class!

42261 6:00 pm Tu ELDO \$78(R)/\$117(N) C. Leverton

### CERAMICS

(3 hr class) Students will explore hand building, wheel throwing, texture, decoration, glazing and firing with an emphasis on design and form. Beginning to advanced welcome. Supplies to bring to class: 25lbs Cone 5 clay, basic pottery tools, wood knife, pin tool, cutting wire, rib, sponge, brushes, apron, small bucket.

#### 5 week classes

37624 5:30 pm M PNCC \$81(R)/\$122(N) J. Peterson

37625 5:30 pm W PNCC \$81(R)/\$122(N) J. Peterson

### COLOR PENCIL DRAWING

(3 hr class) For ages 18 and older. In this class we will explore the properties of color, various drawing techniques, and the application of those techniques to enhance expressive content. We will begin with simple exercises and move toward a finished piece, using either still life or photos of the students' choice.

37635 9:00 am W ELDO \$78(R)/\$117(N) D. Levine

### DRAW/PAINT

(3 hr class) Beginning level classes in drawing and all media of painting-oils, acrylics, and watercolor. Emphasis is on individual attention and projects.

#### 10 week classes

37656 9:00 am M MCKP \$85(R)/\$128(N) A. Chestney

37657 6:30 pm M MCKP \$85(R)/\$128(N) A. Chestney

37658 1:00 pm W MCKP \$85(R)/\$128(N) A. Chestney

37659 1:00 pm F MCKP \$85(R)/\$128(N) A. Chestney

#### 12 week class

41955 5:30 pm M HRZN \$106(R)/\$159(N) M. Gulino

### DRAW/PAINT - INTERMEDIATE

(3 hr, 10 week class) Intermediate class: must have previously completed one of the beginning Draw/Paint classes listed above.

37660 6:30 pm Tu MCKP \$85(R)/\$128(N) A. Chestney

37661 9:30 am W MCKP \$85(R)/\$128(N) A. Chestney

37662 9:30 am Th MCKP \$85(R)/\$128(N) A. Chestney

37663 1:00 pm Th MCKP \$85(R)/\$128(N) A. Chestney

### DRAWING

(3 hr class) For ages 18 and older. A thorough course covering various techniques and media. Learn accuracy techniques using most drawing materials and more. Emphasis is on learning to see as the artist does. Supply lists will be provided after registration.

37664 9:00 am Th ELDO \$78(R)/\$117(N) D. Levine

37665 6:00 pm M VIAL \$78(R)/\$117(N) C. Leverton

### DRAWING II

(3 hr class) Charcoal, colored pencils, pastels, and every drawing medium is accepted. Create and explore your personal expression with weekly exercises. Strengthen your drawing abilities with inspiring assignments. Recommended to painters and Drawing 1 students.

40004 6:00 pm Th VIAL \$78(R)/\$117(N) C. Leverton

### JEWELRY MAKING - BEGINNING/INT

(3 hr class) This class is designed as an introduction to jewelry making as well as a class for those with experience. We will learn the basics of sawing, soldering, roller printing, casting and finishing technique and design. There will be demonstrations as well as individual attention given for projects.

#### For both Beginner and Intermediate levels

37711 6:30 pm W ELDO \$77(R)/\$116(N) C. Taylor

### OIL AND ACRYLIC PAINTING

(3 hr class) For ages 18 and older. For both beginners and more advanced students. Explore color, style and various techniques to help the student express his or her individual vision.

37731 9:00 am F ELDO \$78(R)/\$117(N) D. Levine

### PHOTOGRAPHY - HOW TO TAKE GREAT PHOTOS

(2 hr class) Learn the basics of how to use a camera. Ascertain the various elements of design. Discover how to really see your subject matter before clicking the button. Topics will include composition, lighting, action, portraiture, landscapes, architecture, and still-life photography. Additional fee of approximately \$28.50 for required course textbook. Details will be provided on confirmation receipt.

#### Beginner Level

44373 6:30 pm Tu VIAL \$73(R)/\$110(N) M. Gulino

#### Intermediate level

37735 6:30 pm Th HRZN \$73(R)/\$110(N) M. Gulino

### POTTERY - BEGINNING

(3 hr class) Introduction to basic pottery techniques, including coil, pinch, slab, wheel, and glazing. Bring basic pottery tools (cutting wire, brushes, sponge, pin tool) and 25 pounds cone 5 clay to first class.

#### 8 week class starting July 8th

37747 9:00 am Th ELDO \$87(R)/\$131(N) K. Murphy

### POTTERY - OPEN STUDIO

(3 hr class) Facility for working on your clay projects independently. Equipment available for use includes wheels, slab roller, extruder, basic glazes and electric kiln firing to cone 5. NO INSTRUCTION.

#### 8 week classes starting the week of July 6th.

37748 9:00 am Tu ELDO \$87(R)/\$131(N) K. Murphy

37749 12:30 pm Tu ELDO \$87(R)/\$131(N) K. Murphy

37750 12:30 pm Th ELDO \$87(R)/\$131(N) K. Murphy

### WATERCOLOR PAINTING

(3 hr class) For ages 18 and older. Transparent watercolor for the beginning as well as intermediate student will include basic techniques, color and composition using landscape, still life and portrait. Individual attention with emphasis on learning to see as the artist does.

37841 9:00 am Tu ELDO \$78(R)/\$117(N) D. Levine

**LEARN TO  
PAINT IN  
SCOTTSDALE  
THIS SUMMER!**



## BUSINESS

### HOW TO BUY OR LEASE YOUR NEXT NEW CAR

(4 hr workshop) Looking for a new/used car or truck? Learn how to recognize and avoid all the pitfalls of showroom shopping - the repair trap, zero down, the add-ons, etc. Enjoy the great feeling of knowing you did it like a pro, without haggling, in half the time, and you got it right! Your instructor is an award-winning author with more than 30 years hands on automotive experience. REQUIRED manual and working papers are an ADDITIONAL \$10, payable in class. **Class is on June 12th**

37702 8:30 am Sa HRZN \$16(R)/\$24(N) R. Jones

### NEW AZ RESIDENTS- TAX AND TRUST LAWS

(1.5 hr, 2 wk class) If you are a new Arizona resident or have not updated your estate plan since you became an Arizona resident, you need to attend this class to learn the impact of many unique Arizona tax matters and local laws which impact you and your family. Understand the concept of community property, living wills, power of attorney, local estate taxes, and community property with right of survivorship and Arizona income tax laws. Learn the impact on your existing estate plan if you make no changes because of Arizona's unique property laws.

#### Class starts on June 23rd

37730 7:00 pm W HRZN \$11(R)/\$17(N) R. Bredeman



**For Additional Classes Refer to Pages 30-31**

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## SPOTLIGHT CLASS

### WINEMAKING AT HOME

(2.5 hr, 3 wk class) Must be 21 or older to attend. Come and explore the wonderful hobby of home winemaking! Topics include: wine history, equipment, cleanliness, ingredients, the winemaking process, testing, racking, clarifiers, bottles and cellaring. Class will be informational only. No tasting will be done in class. An optional wine tasting at own expense will be arranged by instructor.

**Class starts July 13th.**

42254 6:00 pm Tu MTNV \$25(R)/\$38(N) C. Blethen

## DANCE

### BALLET

(45 min class) Ages 13 and up. Come enjoy a complete breakdown of ballet exercises! Barre, center/across floor combinations and much more will be learned. These classes offer a great way to work out and have fun on a weekly basis.

**Beginning Level**

37610 5:30 pm M HRZN \$37(R)/\$56(N) J. Lawton

**Intermediate Level**

37611 6:15 pm M HRZN \$37(R)/\$56(N) J. Lawton

### BASIC POINTE

(45 min class) Ages 13 and up. This challenging class covers barre technique, center floor and basic ballet combinations. To take this class you must also be enrolled in the 6:15pm Ballet Intermediate class and have instructors approval.

37614 5:30 pm M HRZN \$37(R)/\$56(N) J. Lawton

### BELLY DANCE & TONE

(1 hr class) Ages 18 and over. Sculpt and tone your body with this fun and challenging dance workout! Included will be exercises to strengthen and firm. Open to all levels.

40009 7:30 pm M RIMO \$47(R)/\$71(N) L. Marrese

40010 7:30 pm W HRZN \$47(R)/\$71(N) L. Marrese

### BELLY DANCING

(1 hr class) Ages 18 & over. This fun dance workout will focus on dance technique, so it is perfect for beginners as well as those who wish to sharpen their dance skills.

**Beginning Level**

40011 6:15 pm M RIMO \$47(R)/\$71(N) L. Marrese

40012 6:15 pm Tu RIMO \$47(R)/\$71(N) L. Marrese

**Intermediate Level - experience helpful but not required.**

40014 7:30 pm Tu RIMO \$47(R)/\$71(N) L. Marrese

### HULA, TAHATIAN AND POLYNESIAN DANCE

(45 min class) Ages 13 and up. Learn the steps and movements of Polynesian dance. Hands, hips, and feet coordinate to tell the stories of the Islands.

**Beginning Level**

42626 4:45 pm M HRZN \$37(R)/\$56(N) J. Lawton

**Intermediate Level** - progressive class that will cover movements, style and choreography.

37615 7:00 pm Th RIMO \$37(R)/\$56(N) J. Lawton

### JAZZ

(45 min class) Ages 13 and up. Have fun exercising with jazz warm ups, isolations, turns and jazz combinations. This is a great way to enjoy a workout while learning all about Jazz! Mothers and daughters are welcome to come and join the fun together.

**Beginning Level**

37709 7:45 pm M HRZN \$37(R)/\$56(N) J. Lawton

**Intermediate Level** - Previous Jazz experience required

37710 7:00 pm M HRZN \$37(R)/\$56(N) J. Lawton

### SALSA

(1 hr class) This class will have fun learning the Salsa, an up-tempo dance done in nightclubs around the valley. You and your partner will learn to lead and follow to the exciting Latin Rhythm! Come and join us for the international sensation of dance! Sign up early, for this class is very popular! Ciao!

**Beginning Level - 9 week class**

37754 6:30 pm W AZSC \$38(R)/\$57(N) G. Revis

**12 week classes**

37756 6:00 pm Tu PNCC \$50(R)/\$75(N) S. Nienstedt

37757 2:00 pm Sa ELDO \$50(R)/\$75(N) S. Nienstedt

**Intermediate Level**

40015 8:00 pm Tu PNCC \$50(R)/\$75(N) S. Nienstedt

### SOCIAL DANCE SAMPLER

(1 hr class) Want to learn partner dancing, but don't know which dance to start with? This class will teach the basic steps to four popular social dances: the Foxtrot, Salsa, Polka and Swing. Excellent for beginning couples who would like to discover partner dance. Also great for dancers with experience that want to learn something new. This is a couple's class and both participants need to register.

37763 12:30 pm Sa ELDO \$50(R)/\$75(N) S. Nienstedt

**For Additional Classes  
 Refer to Pages 30-31**

## THE TRUTH ABOUT TRUSTS, WILLS, & PROBATE

(2.5 hr, 1 wk class) Presented by a CPA/CFP/PFS and is designed to help you establish or refine your financial and estate planning goals. Learn what few attorneys will tell you: easy ways to avoid probate, the ins and outs of wills, trusts, living wills and powers of attorney, the dangers of joint tenancy, the power of community property, how to protect your assets, how to minimize the use of lawyers and the courts, and how to disinherit the IRS.

**Class will be held on June 9th**

37809 9:30 am W CCLB \$12(R)/\$18(N) S. Harnden

## TRUSTS, WILLS AND ESTATE TAXES

(1.5 hr, 2 wk class) Unravel the mystery surrounding trusts, wills and other estate planning instruments. Find out why estate taxes are voluntary. Learn how to hold title to assets and use community property to save thousands of dollars in income taxes. Discover what only an Attorney and CPA with 30 years of experience in estate planning can tell you about the common mistakes to avoid. Free Living Will Form will be provided.

**Class starts June 9th**

37838 7:00 pm W HRZN \$11(R)/\$17(N) R. Bredeman

## COMMUNICATION/LANGUAGE

### ITALIAN - BEGINNING

(2 hr class) Are you enchanted by the language of Verdi and Dante? Are you planning a trip to Italy and would like to make it more enjoyable by learning some basic language skills? Join us for this beginner's course in spoken Italian. You will use a conversational approach to help you learn basic vocabulary, and dialogue, pronunciation, and verb conjugation. Build your language proficiency in a supportive, low pressure environment.

37708 6:30 pm Th VIAL \$63(R)/\$95(N) T. Omta

### SPANISH

(2 hr class) Introductory level designed for those who have never studied Spanish or for those who need a refresher starting at the entry level. Emphasis is placed on learning basic vocabulary and present tense conjugation. An ADDITIONAL fee of approximately \$13 - \$17 for course text is required.

**Beginner level**

37772 8:00 am W ELDO \$72(R)/\$108(N) S. Reuben

**Intermediate Level**

Must have previously taken Beginning Spanish with Susana Reuben.

37774 10:00 am W ELDO \$72(R)/\$108(N) S. Reuben

**LEARN HOW TO SPEAK  
 SPANISH THIS SUMMER**



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## SWING DANCE

(1 hr class) It don't mean a thing if it ain't got that swing. Learn basic steps of the Jitterbug, Charleston and the Lindy Hop. We will be leading and following, turns, and kicks in the East Coast Swing style. We will have you on the dance floor in no time! This is a couple's class and each person needs to register.

### Beginner level

37787 7:00 pm Tu PNCC \$50(R)/\$75(N) S. Nienstedt

37788 11:30 am Sa ELDO \$50(R)/\$75(N) S. Nienstedt

### Intermediate level - Some dance experience recommended

37789 10:30 am Sa ELDO \$50(R)/\$75(N) S. Nienstedt

## TAP - INTERMEDIATE

(45 min class) Ages 13 and up. Enjoy Tap! This class has a style for you. Join us while we continue learning technique and terminology in various styles of tap. Combinations and routines will be taught and reviewed.

37798 6:15 pm Th RIMO \$37(R)/\$56(N) J. Lawton

## FITNESS

### AEROBICS - LOW IMPACT

(1 hr class) This class is designed for fun and fitness for all age levels. Warm up, low impact cardio section to strengthen your heart and lungs. Toning section works on abdominals, back, legs and arms. Finishing up with a relaxing cool down and stretch.

37605 9:15 am Sa HRZN \$43(R)/\$65(N) K. Alfraid

### AEROBICS - STEP

(1 hr class) An exciting and energetic total body aerobic workout. Toning exercises for the upper body, abs, hip and thighs are also included.

37606 6:00 pm Tu, Th HRZN \$66(R)/\$99(N) L. Martin

37607 6:00 pm W HRZN \$36(R)/\$54(N) L. Martin

### FIT, FIRM & FUN

(1 hr. 9 week class) Do something good for yourself! Perk up your morning with a fitness class. We'll do a warm-up, low-impact cardio, muscle conditioning using small weights and bands, a cool-down and stretching for flexibility.

37668 7:00 am M, W, F ELDO \$63(R)/\$95(N) J. Bernstein

### SENIOR SLIM AND TRIM

(1 hr class) For the mature participant. Class consists of stretching and toning exercises. Each participant is encouraged to work at his/her own level of comfort.

#### 4 week class starting June 8th

37758 10:15 am Tu, Th ELDO \$18(R)/\$27(N) M. McNeely

#### 3 week class starting Sept. 7th

42369 10:15 am Tu, Th ELDO \$15(R)/\$23(N) M. McNeely

## SUPER CIRCUIT

(1 hr class) Don't let the name fool you. This is a fun way to get both a cardio and strength conditioning workout into your day. Alternate aerobic and strength stations to a variety of music in order to help improve your heart and lungs, power strength, balance and coordination.

37785 10:30 am Sa HRZN \$43(R)/\$65(N) K. Alfraid

## Triathlon 101

(1 hr, 10 wk class) For ages 18 and older. Do you swim recreationally every now and then? Ride your bike on the canal? Enjoy a jog from time to time? Well take it to the next level and put them all together to train for your first sprint triathlon! A qualified, professional instructor will guide you as you learn the secrets to successfully completing a sprint triathlon (400 yard. swim, 12 mile bike and 3 mile run). Class includes a lecture segment as well as physical training time to practice your skills (biking skills will be discussed but due to class limitations there will be no actual biking during class time). Sign up today and have fun in the sun while you swim, bike and run! **Class starts the week of June 7th and will be held at the Eldorado Aquatic and Fitness Center.**

43780 6:00 am Tu Th ELDO \$68 (R) / \$102 (N) Wilson

## Triathlon Clinic

(3 hr, 1 day workshop for ages 15 and up) Interested in learning more about the sport of triathlon but aren't sure that you are ready for a workout class? Sign up for the City of Scottsdale Triathlon 101 Clinic. This three-hour clinic will be lecture-oriented and taught by professional triathlon coaches. It will cover basic information that a person new to the sport should have including rules and safety, transition area set-up, race clothing and equipment, and more.

Triathlon is a fun, rewarding activity that can enhance your quality of life. Don't let fear stand in the way of realizing your dreams and becoming a triathlete. Learn the basics at the Triathlon 101 Clinic and you can be on your way to completing your first triathlon! **Class will be held on Sunday, June 27th at Cactus Community Center.**

43781 8:00 am Su CACT \$25 (R) / \$38 (N) Wilson

## HEALTH AND RELAXATION

### PILATES

(1 hr class) This beginning Pilates class will focus on strengthening your body core, stability and balance. All levels of athletic ability are encouraged to attend.

39987 6:45 pm M CACT \$49(R)/\$74(N) K. O'Hara

39988 8:30 am W RIMO \$49(R)/\$74(N) K. O'Hara

39990 5:45 pm W CACT \$49(R)/\$74(N) K. Alfraid

39991 7:00 pm W CACT \$49(R)/\$74(N) K. Alfraid

### PREGNANCY YOGA

(1 hr class) During pregnancy, your body can make all the changes easily if you do the exercises that specifically focus on the areas of your body that need the most attention during pregnancy and birth. If you want to feel healthier and more energetic than ever during pregnancy and at the same time prepare for childbirth and faster recovery after birth, then Pregnancy Yoga is the answer.

37751 7:15 pm Th HRZN \$47(R)/\$71(N)G. Sprenkeling

44392 10:00 am Th AZTC \$47(R)/\$71(N)G. Sprenkeling



## TAI CHI CHUAN

(1.5 hr class) \*10:30 class is for advanced participants. Tai Chi Chuan is a slow, graceful, rhythmic exercise that promotes good health and works on balance and concentration.

37791 9:00 am M ELDO \$37(R)/\$56(N) M. Isaacson

37792 5:30 pm W CCSC \$37(R)/\$56(N) M. Isaacson

37793 8:45 am Sa PNCC \$37(R)/\$56(N) M. Isaacson

37794 10:30 am Sa PNCC \$37(R)/\$56(N) M. Isaacson

## YOGA

(1.5 hr class) These classes help you find balance within your body, mind and spirit. The physical practice uses poses which both stretch and strengthen the body. This time is used to find ways to relax, release stress and create a better awareness of the body. Beginning yoga is for those with little or no yoga experience or for those who want to continue studying the basics. Intermediate classes are for those who feel ready to move on in their yoga practice. All classes include breath work, relaxation and meditation.

### Beginner level

37842 6:00 pm M MTNV \$69(R)/\$104(N) M. Moon

37843 7:45 pm M MTNV \$69(R)/\$104(N) M. Moon

37844 4:00 pm Th CACT \$69(R)/\$104(N) M. Moon

37845 12:15 pm Tu CACT \$69(R)/\$104(N) A. Ayers

37846 6:00 pm W MTNV \$69(R)/\$104(N) M. Moon

37848 8:15 am Th MTNV \$69(R)/\$104(N) A. Ayers

### 1 hr class

42609 9:45 am W RIMO \$49(R)/\$74(N) K. O'Hara

### Intermediate level

37850 10:30 am Tu CACT \$69(R)/\$104(N) A. Ayers

37851 8:15 am Tu MTNV \$69(R)/\$104(N) A. Ayers

37852 11:00 am Th CACT \$69(R)/\$104(N) M. Moon

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## PERSONAL DEVELOPMENT

### COMPUTERS - BASIC WINDOWS

(2 hr, 4 wk class) This hands on Windows class is designed for beginners to learn basic Windows concepts. The class will cover Windows layout and operation, file and folder management along with customization and maintenance.

**Class starts June 8th.**

37643 6:30 pm Tu CCSC \$27(R)/\$41(N) J. Magdziarz

### COMPUTERS - EXCEL

(2 hr, 4 wk class) Create and analyze data in spreadsheet form using formulas, graphs, charts, macros and more. Windows experience is required.

**Level 1 - Class starts June 9th**

37645 6:30 pm W CCSC \$27(R)/\$41(N) J. Magdziarz

**Level 2 - Class starts July 7th**

Continue Excel by exploring macros and other advanced Excel topics. Excel Level 1 is a prerequisite.

37646 6:30 pm W CCSC \$27(R)/\$41(N) J. Magdziarz

### COMPUTERS - INTERNET 101

(2 hr, 4 wk class) Learn many aspects of the Internet from searching to shopping in this beginner class. Designed for new Internet users, this class also teaches how to create E-mail accounts. Prior experience with computer mouse is strongly recommended.

**Class starts July 6th**

37647 6:30 pm Tu CCSC \$27(R)/\$41(N) J. Magdziarz

### COMPUTERS- WORD PROCESSING 101

(2 hr, 4 wk class) Learn how to use Microsoft Word. A introduction to this word processing program which will teach you about: formatting, saving, cutting, copying, pasting, using spell check, and creating labels and envelopes.

**Class starts July 8th.**

40021 6:30 pm Th CCSC \$27(R)/\$41(N) J. Magdziarz

### DOG OBEDIENCE

(1 hr, 8 wk class) For dogs and puppies 4 months and up. Must have all shots. Proof of rabies vaccines or tags required. You will need a 6 foot training leash and collar for class. Class covers all basic commands-heal, sit, down, come, stay. Behavioral problems will be discussed.

37653 7:30 pm Tu ELDO \$44(R)/\$66(N) R. Dolan

37654 7:30 pm Th CACT \$44(R)/\$66(N) R. Dolan

37655 8:00 am Sa ELDO \$44(R)/\$66(N) R. Dolan

## PARENT/TOT

### ART FUN FOR PRESCHOOL AND KINDERGARTEN

(1 hr, 8 wk class) For 4 - 6 year olds with grown up. This class promotes visual awareness and self-expression in a relaxed setting using a variety of materials. The process rather than the product is emphasized. Grown ups are encouraged to do the project too. **Class starts July 12th**

42258 2:30 pm M RIMO \$44(R)/\$66(N) C. Erlandson

### GROWING TOGETHER

(45 min class) Learning and fun, all in one! Come join us in this parent and child class to introduce your child to music, colors, numbers and the alphabet in a pre pre-school setting. You get to meet and mingle with others who want to be involved in their child's formative years. This helps prepare your little one for the giant step to pre-school without you!

**8 wk classes for children 24 - 36 months old**

37670 9:15 am M CHES \$52(R)/\$78(N) C. Hunter

37671 10:15 am M CHES \$52(R)/\$78(N) C. Hunter

**For 3 - 4 yr olds**

37672 11:15 am M CHES \$52(R)/\$78(N) C. Hunter

**Check out our weekend classes for working parents!  
 9 wk classes for children 24 - 42 months old**

40022 9:00 am Sa HRZN \$63(R)/\$95(N) A. Gregg

40023 10:00 am Sa HRZN \$63(R)/\$95(N) A. Gregg

40024 11:00 am Sa HRZN \$63(R)/\$95(N) A. Gregg



### YOGA - A HEALTHY WAY TO LIVE

(1.5 hr, 8 wk class) Hatha Yoga - Gentle movements for average flexibility to stretch, tone and strengthen the body for self healing. Students relax, release stress hidden from within, and stimulate the entire body. A variety of breathing techniques and inspiring meditations are utilized.

37849 8:30 am Th ELDO \$64(R)/\$96(N) L. Francies

### OUTDOOR YOGA - BROUGHT IN FOR THE SUMMER

(1 hr 15 min, 9 week class) Summer temperatures have forced us to move our great Outdoor Yoga class indoors! Sign up today to stay cool and in-shape this summer. **Class starts July 9th.**

37847 9:00 am F ELDO \$33(R)/\$50(N) T. Sosna

### YOGA - POWER YOGA

(1.5 hr class) This class is for people who want to work on a moving meditation. Poses are linked and sometimes quick-moving. It is therefore important to feel physically strong before attempting this type of a class. This class involves moving frequently from floor poses to standing poses and also includes many balancing poses. This is not a beginner class. Some yoga experience is essential.

37853 7:45 pm W MTNV \$69(R)/\$104(N) M. Moon

## PERFORMING ARTS

### GUITAR

(45 min, 10 wk class) This easy, speed learning course will actually have you playing and singing songs after the first session! Chord strums & fundamental music training will apply to all types of music. Guitars can be rented from your local music store.

**Beginner level**

37681 6:00 pm M CHAP \$49(R)/\$74(N) M. Roe

37682 7:00 pm M CHAP \$49(R)/\$74(N) M. Roe

40019 6:00 pm Tu CHAP \$49(R)/\$74(N) M. Roe

**Intermediate level**

37683 7:00 pm Tu CHAP \$49(R)/\$74(N) M. Roe

### PIANO/KEYBOARD

(1 hr, 8 wk class) For ages 13 and up. From Santana to Sinatra and Streisand; from the Beatles to Bach and Beethoven; from Broadway hits such as Phantom and Cats; to movie themes from the Titanic, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs you know and love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. Keyboards are provided for each student for classroom use; and all music materials are included at no extra charge. Call Elements Music at 623-933-0681 for more info.

**Level 1 class for beginners**

37737 6:10 pm W HRZN \$116(R)/\$174(N) N. Roberts

**Level 2 - must have completed Level 1**

37738 7:15 pm W HRZN \$116(R)/\$174(N) N. Roberts



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## GROWN UP & TOT ART

(45 min, 9 wk class) This class offers an exceptional opportunity for 2.5 to 3 year olds to work independently with a grown up at their side. After a brief demonstration by the instructor, everyone is on his or her own using paint, glue, pastels etc. It's 45 min of lively activity, creativity, and conversation.

37678	10:00 am	Sa	PNCC	\$57(R)/\$86(N)	M. Skalski
37679	11:00 am	Sa	PNCC	\$57(R)/\$86(N)	M. Skalski

## Ice Skating Lessons - Parents & Child

This 8 week/ 45 minute fun recreation skating lesson is for children ages 30 months to 5 years old, plus a parent. Class is designed to give instruction to both parent and child together. Registration and fee are per parent/child set. When registering, please register only your child. Skate rental during class time is included in the price of the class. **Class will begin on 6/3.**

37703	5:45 pm	Th	ADEN	\$113(R)/\$170(N)	T. TBA
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## TINY TOT TUMBLING

(45 min, 8 wk class) For children 24 - 42 months. This parent/child tumbling class will engage you and your little one in a fun activity filled class!

37810	12:00 pm	W	ELDO	\$44(R)/\$66(N)	M. McGee
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## JINGLE JAMBOREE!

(45 min, 6 week classes) Parent/Child interactive playgroup where participants take part in songs, movement activities, games and more.

**Session 1 - the week of June 7th thru the week of July 12th**

### Level 1 - For children 12-20 months old

37814	9:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37815	9:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

### Level 2 - For children 21- 30 months old

37822	10:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37823	10:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

### Level 3 - For children 31 - 42 months old

37830	11:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37831	11:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

**Session 2 - the week of July 19th thru the week of August 23rd**

### Level 1 - For children 12-20 months old

37817	9:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37818	9:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

### Level 2 - For children 21- 30 months old

37825	10:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37826	10:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

### Level 3 - For children 31 - 42 months old

37833	11:15 am	Tu	RIMO	\$33(R)/\$50(N)	TBA
37834	11:15 am	W	AZSC	\$33(R)/\$50(N)	TBA

## YOGA FOR KIDS

(45 min, 8 wk class) For 4 to 6 year olds. Although yoga has enjoyed popularity with adults for many years, it is only recently that we have come to understand how helpful it can be for children in their formative years by increasing their self-awareness, building their self esteem and strengthening their bodies. Sign up and enjoy the fun!

**Class begins July 12th**

37856	12:00 pm	M	RIMO	\$29(R)/\$44(N)	C. Erlandson
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## YOG-ART

(1 hr, 8 wk class) Ages 2 to 4 years. Children will enjoy learning fun, basic yoga poses and then apply their poses to an art project. This class will stimulate the young mind and body. **Class begins July 12th**

42255	1:15 pm	M	RIMO	\$44(R)/\$66(N)	C. Erlandson
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## TOT CLASSES

### BALLET FOR TOTS

(45 min class) Basic barre and floor work with fun creative movement for the beginning dancer.

#### For 3 year olds

37612	9:00 am	M	RIMO	\$34(R)/\$51(N)	M. Partridge
42654	9:00 am	W	CHES	\$34(R)/\$51(N)	M. Partridge

#### For 4 - 5 year olds

37613	10:00 am	M	RIMO	\$34(R)/\$51(N)	M. Partridge
42655	10:00 am	W	CHES	\$34(R)/\$51(N)	M. Partridge

## CLUB CLASSES

(2.5 hr class) For 3.5 - 5 years of age. Class will offer fun activities including stories, songs, games, and arts & crafts. Children must be toilet trained. Please send a snack with your child daily.

## CABOOSE CLUB -

**5 week class beginning the week of June 14th**

37619	9:00 am	Tu, Th	MCRR	\$77(R)/\$116(N)	T. TBA
42647	9:00 am	M, W	MCRR	\$77(R)/\$116(N)	T. TBA

## CHESNUTT CLUB -

**12 week class beginning June 8th**

37631	8:00 am	Tu, Th	CHES	\$169(R)/\$254(N)	M. Partridge
42653	11:00 am	Tu, Th	CHES	\$169(R)/\$254(N)	M. Partridge

## LA MIRADA CLUB

**6 week classes beginning the week of June 7th**

43785	9:00 am	M, W, F	LMDP	\$142(R)/\$213(N)	T. TBA
43786	9:00 am	Tu, Th	LMPD	\$101(R)/\$152(N)	T. TBA

**6 week classes beginning the week of July 19th**

43787	9:00 am	M, W, F	LMDP	\$142(R)/\$213(N)	T. TBA
43788	9:00 am	Tu, Th	LMPD	\$101(R)/\$152(N)	T. TBA

## CREATIVE MOVEMENT AND DANCE

(1 hr class) Creative Movement and Dance provides the young dancer with movement exercises and costumed improvisations, developing a greater sense of body awareness, use of space, flexibility and coordination.

#### For 4 year olds

37650	9:15 am	Tu	AZSC	\$40(R)/\$60(N)	L. Hurley
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#### For 5 year olds

37651	10:30 am	Tu	AZSC	\$40(R)/\$60(N)	L. Hurley
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## H.E.R.O Little Dragon Program

(30 min, 6 wk class) HERO - Helping Everyone Respect Others. For 4 - 5 yr olds. This popular 6 week program, is designed to teach individuals the basics of Martial Arts training through drills and games which will enhance fine motor skills and also instill courtesy and respect for each other. This program is excellent for building Self-Esteem, Self-Confidence and Self-Control.

37686	3:30 pm	Tu	CACT	\$14(R)/\$21(N)	B. Burch
37687	1:30 pm	Sa	CACT	\$14(R)/\$21(N)	B. Burch

## STORY STRETCHERS

(45 min class) For 3 to 5 yr olds. This class is for children who love books, poems, jokes, and riddles. Each week a children's literature book is brought to life. The book will conclude with a related activity such as art, creative dynamics, games, or a special project. Story Stretchers fosters listening, speaking, and reading skills.

37780	3:30 pm	W	CACT	\$76(R)/\$114(N)	T. Adam
37781	4:15 pm	W	CACT	\$76(R)/\$114(N)	T. Adam

## TAP AND BALLET

(45 minute class) Basic barre, floor work, fun creative movement, and tap and ballet routines. Hard soled shoes with taps acceptable.

#### For 3 to 4 year olds

37799	1:45 pm	Tu, Th	AZSC	\$72(R)/\$108(N)	L. Martin
37800	2:30 pm	Tu, Th	AZSC	\$72(R)/\$108(N)	L. Martin
40031	9:00 am	Sa	RIMO	\$36(R)/\$54(N)	H. Schlichting
42608	10:00 am	Sa	RIMO	\$36(R)/\$54(N)	H. Schlichting
42627	8:30 am	Sa	ELDO	\$36(R)/\$54(N)	A. Volland
42630	5:30 pm	Tu	MTNV	\$36(R)/\$54(N)	A. Volland

#### For 4 to 5 year olds

40032	3:15 pm	Tu, Th	AZSC	\$72(R)/\$108(N)	L. Martin
40033	4:00 pm	Tu, Th	AZSC	\$72(R)/\$108(N)	L. Martin
40034	6:30 pm	Tu	MTNV	\$36(R)/\$54(N)	A. Volland
40035	11:00 am	Sa	RIMO	\$36(R)/\$54(N)	H. Schlichting
42634	9:30 am	Sa	ELDO	\$36(R)/\$54(N)	A. Volland



All classes are 12 weeks, unless noted  
**CLASSES BEGIN week of 06/07/04**  
 First fee listed is the **DISCOUNT RATE** for Scottsdale  
 Residents; second fee is actual costs to be paid by  
 registrants who do not pay Scottsdale Property Taxes.  
 See page 4 for facility code/addresses.  
 Age 15 and over unless noted in class descriptions.



### TUMBLING

(45 min, 8 week class) This class is a great introduction into basic tumbling. It also is a great way to exert some energy in a structured yet fun environment!

#### For 3.5 to 4 year olds

37839	1:00 pm	W	ELDO	\$44(R)/\$66(N)	M. McGee
37840	2:00 pm	W	ELDO	\$44(R)/\$66(N)	M. McGee

#### For 5 to 7 year olds

42638	3:00 pm	W	ELDO	\$44(R)/\$66(N)	M. McGee
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## > YOUTH CLASSES

### CHEER/TUMBLING WORKSHOP

(2 hr workshop for 5 to 9 year olds) Have you ever thought about becoming a cheerleader? You will get it all in this one-day workshop! This clinic is open to girls and boys and is jam packed with instruction in the fundamentals of cheerleading including: jumps, arm motions, dance, cheers & chants, stunting and tumbling.

#### Class will be held on June 12th

37629	9:00 am	Sa	MTNV	\$17(R)/\$26(N)	M. McGee
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#### Class will be held on July 17th

37630	9:00 am	Sa	MTNV	\$17(R)/\$26(N)	M. McGee
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### COMBINATION DANCE - BEGINNING

(45 min class) For 6-10 year olds. Tap, Jazz and Ballet - all the basics for the beginning dancer. Learn basic technique and terminology for all dance forms. A great way to experience and dance the various styles.

37636	4:45 pm	Tu, Th	AZSC	\$72(R)/\$108(N)	L. Martin
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### H.E.R.O Child Program

(45 min, 6 wk class for 6-12 year olds) HERO - Helping Everyone Respect Others. This popular 6 week program is designed to introduce individuals to the basic blocks, strikes and kicks of Martial Arts training. In addition, build Self-Esteem, Self-Confidence and above all else, Courtesy and Respect for each other.

37684	4:15 pm	Tu	CACT	\$22(R)/\$33(N)	B. Burch
37685	2:15 pm	Sa	CACT	\$22(R)/\$33(N)	B. Burch

### Jr. Golf Summer Camp

This 1.25 hour, 1-week camp will be held Mon-Thurs. and taught by the P.G.A. Professional staff at Cypress Golf Course. This camp is for ages 6-12 years old, of all skill levels. Instruction will include the fundamentals of the full swing and short game, plus on the course play! Clubs and balls will be provided during class time. **Class begins the week of 6/14.** This course is not available for scholarship.

42625	8:00 am	M, Tu, W, Th	CYPR	\$51(R)/\$77(N)	C. Golf
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### Junior Golf School - Begin. to Int.

This 1.5 hour class will be held on Mon-Thur for 1week. This is a course for girls and boys ages 7-14. Class skills will include short game, full swing, rules, etiquette and games are featured. Practice balls (during class time) and personalized note cards are included with class. Class will be taught by the TPC professional staff. **Session #1 will begin on 6/7, session #2 on 7/12.** This course is not available for scholarship.

37716	8:00 am	M, Tu, W, Th	TPC	\$96(R)/\$144(N)	#1
37717	8:00 am	M, Tu, W, Th	TPC	\$96(R)/\$144(N)	#2

### Junior Golf School - Int. to Adv.

This 1.5 hour class will be held on Mon-Thur. for 1week. This is a course for girls and boys ages 7-14. This course will further your child's skill with the short game, full swing, rules, etiquette and on course play. Practice balls (during class time) and personalized note cards are included during class. This class will be taught by the TPC professional staff. **Session #1 will begin on 6/14, session #2 on 7/19.** This course is not available for scholarship.

42628	8:00 am	M, Tu, W, Th	TPC	\$96(R)/\$144(N)	#1
42629	8:00 am	M, Tu, W, Th	TPC	\$96(R)/\$144(N)	#2

### KOOL KIDS GUITAR

(45 min, 10 wk class) Ages 10-14 yrs. Get into the beat and have fun playing one of the most popular instruments of today! Designed for the young Guitarist to play and sing songs they know. Music basics are learned through fun and games; music training will apply to all types of music. Guitars can be rented from music store.

40040	5:00 pm	M	CHAP	\$49(R)/\$74(N)	M. Roe
40041	5:00 pm	Tu	CHAP	\$49(R)/\$74(N)	M. Roe

### PIANO/KEYBOARDING

(1 hr, 8 wk class) From Spongebob Squarepants to Avril Lavigne and Linkin' Park; from Britney, Pink, and Shakira to Blink 182, Smashmouth, and Outkast, from Bach to Beethoven to movie themes from Harry Potter, Star Wars, James Bond and Lord of the Rings. This unique award winning method teaches keyboard skills on real songs children love! The program uses brilliantly conceived visual tools that show students how music works. Learn to read music on the treble and bass clef and play chords using our exclusive chordometer in just 32 weeks! Play a favorite tune after just one lesson! After completing all four 8 week levels, students will be able to select a piece of sheet music, read the notes, and play it! Keyboards are provided for each child in class and all music materials are included at no extra charge. Call Elements Music at 623-933-0681 for more info. **Classes begin on June 19th.**

#### Level 1 - 6 to 9 year olds beginners

37739	9:15 am	Sa	HRZN	\$116(R)/\$174(N)	N. Roberts
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#### Level 2 - 6 to 12 year olds - must have completed level 1

37741	11:45 am	Sa	HRZN	\$116(R)/\$174(N)	N. Roberts
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### SPANISH FOR CHILDREN

(45 min class) Studies have shown that if you want your child to master a second language, you should introduce it by the age of 10. In this unique program, children learn the Spanish language through games, songs, dance, stories and hands on activities.

#### For 6 - 8 yr olds

37778	3:30 pm	Th	HRZN	\$40(R)/\$60(N)	E. Wein
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#### For 8 - 10 yr olds

37779	4:45 pm	Th	HRZN	\$40(R)/\$60(N)	E. Wein
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### TAP INTERMEDIATE

(45 min class) This progressive class continues to teach children tap dance technique, terminology, and combinations. To top off the fun a dance routine will also be taught and reviewed. Kids will enjoy tapping their feet to entertaining music. Join the fun today!

#### Ages 6-12 years

37795	4:45 pm	Th	RIMO	\$37(R)/\$56(N)	J. Lawton
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#### Ages 8-14 years

42635	5:30 pm	Th	RIMO	\$37(R)/\$56(N)	J. Lawton
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### Triathlon for Youth

(1 hr, 4 wk class) For kids 12 to 15 years of age. Looking for something fun to do over summer break? Get out to the pool; meet new friends while you learn and train for a sprint triathlon (400 yard swim, 12 mile bike, and 3 mile run). This class will include a small lecture segment as well as training time to practice your triathlon skills. This is a great opportunity to get in shape, look great and have fun over your summer break! **Class starts the week of July 5th and will be held at Chaparral Pool.**

43782	7:00 pm	Tu Th	CHAP	\$32(R)/\$48(N)	
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**Family Participation is encouraged.**  
Unaccompanied Children must be 15 years old.

For Information call (480) 312-7901.

Transportation is provided on all trips by the City of Scottsdale's Recreation Division. Space availability is determined per each individual activity. Fee includes all transportation, trained guide service, permits and entrance fees where applicable. Follow registration instructions on pages 2 - 3. Most activities are not available for scholarship.

Prior to each activity participants will receive by mail a detailed information sheet pertaining to the activity specifics for the day hikes, trips, backpacking and camping excursions. Each of the featured hiking, backpacking and camping activities has been scouted by the staff prior to the day of the event. No firearms, radios or animals. Service Animals are accepted

Hike rating scale -

- A: 16+ miles, and/or elevation gain of 3000'+
- B: 8-16 miles, and/or elevation gain of 1500-3000'
- C: 3-8 miles, and/or elevation gain of 500-1500'
- D: less than 3 miles, and/or elevation gain of 500'

Please take note to the ratings given for each activity, and apply that to your own capabilities.

**Cancellation Policy**

All activities require a minimum number of participants for the activity to be held. As a result of this, all cancellations must be received no later than 7 days in advance to obtain a credit.

**DAYTRIPS**

**Bisbee Day Trip**

Enjoy the charm of this old mining town on 6/23! We will make the time to stroll the old streets with their historic buildings, shops and galleries.

42645	6:00 am	W	\$45(R)/\$68(N)
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**Fort Huachuca /Ramsey Canyon Day Trip**

Travel to Sierra Vista on 8/25 for nature and history. We will have a guided walk at Ramsey Canyon to learn all about this serene and peaceful nature preserve, while hopefully observing some of the 14 species of hummingbirds that claim it as their home. We will also tour the Fort Huachuca Museum, which contains a large collection of photos and Indian memorabilia dating from the Apache fighting days to the present.

42652	6:00 am	W	\$45(R)/\$68(N)
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**Tonto Natural Bridge Day Trip**

Get out of the valley and the A/C and visit the world's largest natural travertine bridge on 7/21! This state park is a located just north of Payson where the summer time weather is cool!

42646	7:30 am	W	\$38(R)/\$58(N)
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**OUTDOOR PROGRAMS**

**Ash Creek Falls Day Hike - B**

Located on the northeast side of the Pinaleno Mountain range located in the Coronado National Forest. This hike will be on 7/10. The trail travels along a permanent water course, and has the largest perennial waterfall in the southern part of the state measuring 200.'

42825	6:30 am	Sa	\$40(R)/\$60(N)
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**E Cross L Trail Day Hike - B+**

Located approximately 12 miles south of Prescott in the Bradshaw Mountains of Prescott National Forest. We will hike this tucked away trail on 8/21.

42826	6:30 am	Sa	\$38(R)/\$57(N)
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**Fishing - Parent and Child Time!**

Looking for the opportunity to spend the morning with your small fry doing something fun? This 1-day workshop on 5/29 will give you the chance to share this relaxing sport with your child, while hooking the tricks of the trade together. Please bring a rod, reel, line and tackle. This workshop does require that any participant over 14 must have a current urban fishing license. Registration and fee are per parent/child set. When registering, please register only your child.

42650	8:30 am	Sa	ELDO	\$19(R)/\$29(N)	J. Frazier
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**Fishing the Urban Jungle**

No need to travel far to hook the 'big one!' The fish you desire are right in your very own Scottsdale lakes and ponds! In this 1-day workshop on 6/12, you will learn where to fish, about the lakes and ponds where they dwell, fishing basics, equipment and more! You will need to bring a rod, reel, line and your favorite tackle. This workshop does require that any participant over 14 must have a current urban fishing license.

42643	8:30 am	Sa	ELDO	\$19(R)/\$29(N)	J. Frazier
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**Fly Fishing**

Are the many urban lakes located along the Scottsdale Greenbelt area luring you to fishing? This hands on 3-hour workshop for the entire family, is just what you need to get started (or improve the skills you already possess!) in the sport of fly-fishing! You will learn basic casting, fish habitats and habits, timing, safety and equipment. This workshop does require that any participant over 14 must have a current urban fishing license. Workshop will be held on 6/5.

42651	8:30 am	Sa	ELDO	\$19(R)/\$29(N)	J. Frazier
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**Golf Instruction - Full Swing Basics**

This 1 hour/5 week program will concentrate on the fundamentals necessary to achieve consistency and confidence on 'Tee shots' and 'Fairway advancement shots.' Class discussion will include proper placement and pressure of the hands; posture, aim, alignment and swing drills. Clubs and practice balls are available during class time. P.G.A. Professional staff at Cypress Golf Course and the Tournament Players Club (TPC) will offer classes. The Cypress class will begin on 6/5. TPC session #1 will begin on 5/29, session #2 on 7/31.

42383	7:30 am	Sa	TPC	\$117(R)/\$176(N)	#1
42384	8:45 am	Sa	TPC	\$117(R)/\$176(N)	#1
42385	10:00 am	Sa	TPC	\$117(R)/\$176(N)	#1
42388	9:00 am	Sa	CYPR	\$68(R)/\$102(N)	
42612	7:00 am	Sa	TPC	\$117(R)/\$176(N)	#2
42613	8:15 am	Sa	TPC	\$117(R)/\$176(N)	#2

**Golf Instruction - Player's Clinic**

Finding a tension-free swing, organizing effective practice habits, and acquiring a better mindset for playing, are some of the topics to be discussed during this 1 hour/5 week program. The class is prepared with the intermediate to advanced golfer in mind. This class will be led by the Tournament Players Club of Scottsdale (TPC) P.G.A. Professional Staff. Come learn how to play better, at the place where the pros play. Class begins 6/3.

42416	5:30 pm	Th	TPC	\$117(R)/\$176(N)
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**Golf Instruction - Short Game**

60-70% of a golfers score happens from 100 yards and in. This 1 hour/ 5-week course will familiarize you with the 'scoring shots.' Putting, chipping, pitching, bunker and overall wedge play will be featured with an eye towards improving your long game. Professional staff at Cypress Golf Course and the Tournament Players Club (TPC) will offer classes. Learn the game 'from the putting green to the tee.' All skill levels are welcomed. The Cypress class will begin on 6/5. TPC session #1 will begin on 5/30 and session #2 on 8/1.

42417	7:30 am	Su	TPC	\$117(R)/\$176(N)	#1
42418	9:15 am	Su	TPC	\$117(R)/\$176(N)	#1
42419	9:30 am	Sa	CYPR	\$68(R)/\$102(N)	
42614	7:00 am	Su	TPC	\$117(R)/\$176(N)	#2
42615	8:15 am	Su	TPC	\$117(R)/\$176(N)	#2

**Golf Lessons for Parent and Child**

This 1 hour/ 5-week program will be held at Cypress Golf Course. This course is specifically designed for your 7-11 year old to learn the fundamentals of the game of golf with a parent. Instruction will consist of simple, easy to follow steps as you and your child work on the basic skills to get you from the tee to the green. Registration and fee are per parent/child set. When registering, please register only your child. Class will begin on 6/5.

42622	8:30 am	Sa	CYPR	\$117(R)/\$176(N)
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**Horsemanship Skills I - Weekday Class**

Joni Fitts School of Horsemanship, Inc. offers this 2 week, 1.5 hour class for beginners including those, which are apprehensive. This is a complete comprehensive lesson program. Instructors emphasize a safety-first approach to learning practical ground work (grooming and saddling) as well as basic control in either English or Western riding. Mandatory safety helmet is provided for use. Class is held at Camelot Farms, 12051 N. 96th St.

**Session #1 begins 6/7, #2 begins 7/5, and #3 begins 8/2.**

**7-9 years old**

42394	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#1
42395	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#2
42396	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#3

**10-15 years old**

42397	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#1
42656	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#2
42657	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#3





## Horsemanship Skills I - Weekend Class

The Joni Fitts School of Horsemanship (JFSH), Inc. offers this 2 week, 1.5 hour class for beginners including those, which are apprehensive. This exciting class is a complete and comprehensive lesson program. All JFSH instructors are certified instructors. Emphasis is on a safety-first approach to learning practical ground work (grooming and saddling) as well as the basic control in either English or Western riding. Mandatory safety helmet is provided for use. Class is held at , Camelot Farms 12051 N. 96th St.

**Session #1 begins 6/12, #2 begins 7/10, and #3 begins 8/7.**

### Family class for all ages

42399	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#1
42400	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#2
42398	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#3

### 16 years and older

42401	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#1
42402	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#2
42403	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#3

## Horsemanship Skills II - Weekday Class

This 2 week, 1.5 hour class is a continuation of Horsemanship Skills I. Class will emphasize Western or English style riding. Mandatory safety helmet will be provided. Horsemanship Skills I is a prerequisite to this course. Class is held at Camelot Farms, 12051 N. 96th St.

**Session #1 begins 6/21, #2 begins 7/19, and #3 begins 8/16.**

### 7-9 years old

42404	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#1
42405	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#2
42406	7:00 am	M, F	CAMF	\$150(R)/\$225(N)	#3

### 10-15 years old

42407	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#1
42658	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#2
42659	8:30 am	M, F	CAMF	\$150(R)/\$225(N)	#3

## Horsemanship Skills II - Weekend Class

This 2 week, 1.5 hour class is a continuation of Horsemanship Skills I. Class will emphasize Western or English style riding. Mandatory safety helmet will be provided. Horsemanship Skills I is a prerequisite to this course. Class is held at Camelot Farms, 12051 N. 96th St.

**Session #1 begins 6/26, #2 begins 7/24, and #3 begins 8/21.**

### Family class for all ages

42412	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#1
42408	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#2
42413	5:30 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#3

### 16 years and older

42414	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#1
42409	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#2
42415	7:00 pm	Sa, Su	CAMF	\$150(R)/\$225(N)	#3

## Ice Skating Lessons - Beginning

This 8 week, 45 minute class for ages 4 to adult is a pre-hockey or pre-figure, entry level skating program for individuals just beginning or those wanting to brush up on their current skills. Participation in the program will enable beginning skaters to learn basic skating skills for recreation enjoyment. This class will prepare skaters for the advancement into either hockey or figure skating programs. Skate rental during class time is included in the price of the class. Classes will begin the week of 6/1.

42421	4:00 pm	Tu	ADEN	\$113(R)/\$170(N)
42422	4:00 pm	Th	ADEN	\$113(R)/\$170(N)
42637	11:00 am	Sa	ADEN	\$113(R)/\$170(N)

## Parent/Child Climbing Adventure

Spend the morning of 6/30 in a controlled and safe environment climbing the walls with your child! This activity is for age's 4-10 year olds and will be held at the Phoenix Rock Gym, 1353 E. University, in Tempe. Registration fee is per child and parent for this activity. When registering, please register only your child.

42433	10:00am	W	\$19(R)/\$29(N)	P. Diefenderfer
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## Rock Climbing

(3-hour workshop) Learn the basics of rock climbing - technique, and belaying skills will be taught. Emphasis will be on learning to use your body in the vertical world. No prior climbing experience needed, get the entire family involved. Fee includes all rental gear. Class will be held at the Phoenix Rock Gym, 1353 E. University in Tempe.

42381	6:30 pm	Tu 7/13	\$21(R)/\$32(N)	P. Diefenderfer
42382	6:30 pm	Th 8/19	\$21(R)/\$32(N)	P. Diefenderfer

## Scuba Open Water Course

This ACCELERATED weekend course will be held at the NEW Eldorado Aquatics and Fitness Center. Class fee includes textbook, study guide, log book, dive table, handouts, training folder and the use of SCUBA equipment needed for the pool sessions. You will need to provide the mask, fins, snorkel, boots and gloves. Discounts for this equipment will be offered to the student through the Instructor. Please be able to swim a non-timed 200 yards, and stay afloat for 10 minutes. Certification weekend is not included.

42392 6:00 pm F, Sa, Su ELDO \$200(R)/\$300(N) B. Nicosia  
Class weekend: Fri, 6/18 from 6-10p and Sat./Sun. from 7:30a-4:30p. Pre- meeting 6/8 from 6-7:30p.

42393 6:00 pm F, Sa, Su ELDO \$200(R)/\$300(N) B. Nicosia  
Class weekend: Fri, 7/23 from 6-10p and Sat./Sun. from 7:30a-4:30p. Pre- meeting 7/13 from 6-7:30p.

42662 6:00 pm F, Sa, Su ELDO \$200(R)/\$300(N) B. Nicosia  
Class weekend: Fri, 8/20 from 6-10p and Sat./Sun. from 7:30a-4:30p. Pre- meeting 8/10 from 6-7:30p.

## Tonto Creek Backpacking Trip - B -

Spend the first weekend in June backpacking along, AND cooling off in, the creek and narrows south of Payson in the Tonto National Forest. This 2-day adventure will be the perfect way to splash into summer!

42644	7:00 am	Sa, Su	\$62(R)/\$93(N)
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# PINNACLE PEAK PARK



Pinnacle Peak Park opened in April, 2002. To date, the park has welcomed over 340,000 guests, who have been treated to the park's natural year round beauty. Pinnacle Peak Park has just wrapped up the beautiful winter and spring seasons. Fair amounts of rainfall brought displays of over 60 wildflower species in all colors and sizes. Local visitors and out of town guests enjoyed interpretive tours, moonlit hikes, and astronomy evenings.

Pinnacle Peak Park is now beginning its third summer season. This time of year brings longer daylight hours. This time of year also brings the heat. Keeping this in mind, park visitors should plan their activities during the cooler periods of daylight. Visitors should also come prepared by wearing protective clothing appropriate for the season and good hiking shoes. Wearing a hat and sunscreen may help prevent sunburn. Last, but not of lesser importance, carry items to make your hike comfortable and safe and bring along plenty of water! It is essential to stay on the designated trail.

The Park offers a variety of educational and rewarding programs throughout the year. Families and hikers can enjoy walking a moderate-rated trail in a pristine environment. Joggers and fitness hikers can complete their workouts with over 1500 feet of elevation gains. Experienced rock climbers can challenge their climbing abilities on several anchored routes. Rock climbing is for experienced climbers only, using climbing gear.

The park is always staffed with knowledgeable rangers who are ready to answer a variety of questions regarding Pinnacle Peak. Schools, scouts, and other organizations can schedule special guided hikes or introductory talks by calling in advance and scheduling with the park rangers. In addition, young hikers, ages 5-11, can become Junior Trail Rangers. This introductory program can be completed anytime during a visit to the park and is a great opportunity for the entire family to learn about the Sonoran Desert. Each child is given a list of things to do and questions to answer as they hike the trail. Children complete their answers and receive a certificate making them an official Pinnacle Peak Park Junior Trail Ranger!

Pinnacle Peak also has a variety of volunteer opportunities. Prospective volunteers can apply for various positions available at the park, including trail roving or assisting visitors at the ranger station. Volunteers complete an extensive training program offered during September and October. This program enlightens volunteers about our area, rich in flora, fauna, geology and local and Hohokam history. Law Enforcement and emergency technicians will also enlighten volunteers about situations that may occur in the park.

Pinnacle Peak Trail is a mountain trail offering splendid views over a 3 1/2 mile hike. The park is open from dawn to dusk. Please call the park for additional information at 480-312-0990. We look forward to seeing you at the park. HAPPY HIKING!